

## Newsletter 4 - January 2017

### Out with the old and in with the new!

So as we say goodbye to 2016 and welcome the New Year we are also coming to the end of the Severe Obesity Study and looking forward to starting the Neonatal Admission Study in a couple of months' time.

Since January last year, when we started the **Severe Obesity Study**, our reporters have submitted almost 1300 monthly reports and reported over 1000 'cases'. We now all have to work really hard over the next three months to get all data for the Severe Obesity Study entered and complete so we can start analysis as soon as possible. Reporters should be clear about what they need to do, but on page 3 you can see a summary of where things stand in terms of monthly reporting and data entry for your unit.

And then, of course, we are really excited to be starting the **Neonatal Admission Study** in March. We will be sending more information, but there is a brief summary on page 2.

Thank you to all our UKMidSS reporters and supporters for making 2016 such a great first year for UKMidSS. We're looking forward to making 2017 even better!

### UKMidSS Study Day

On 10th November 2016 almost 80 midwives descended on Birmingham for our very first Study Day.

As well as hearing interim results from the Severe Obesity Study, we heard about the Neonatal Admission Study, networked and shared experiences. We also had a lively session on developing ideas for future UKMidSS studies and heard from four invited speakers. For the UKMidSS team it was just great to put faces to all those names! You can download the slides from the day's presentations from our website <https://www.npeu.ox.ac.uk/ukmidss/study-day>. Those who attended will shortly be receiving their certificates.



### UKMidSS Stars!

Each month we recognise the particularly special contributions of selected UKMidSS reporters. Our Stars for September to December are: **Suzanne Hobday** from the Home from Home Unit at Ulster Hospital; **Meinir Clayton-Evans** from the MLU at Glan Clwyd Hospital; **Rachel Tonks** and **Nikki Gaiger** at the Mendip Suite at Southmead Hospital; and **Sue Roberts** from the Eden Suite at Wirral Women and Children's Hospital. Suzanne recognised that she had incorrectly selected controls for 12 cases and re-entered data on 24 controls; Meinir caught up on several months of data entry; Rachel & Nikki got up to date on reporting after struggling for months with their data systems; and Sue has worked really hard, as a lone UKMidSS reporter, to enter data on a big backlog of cases.

**Thanks and well done to all!**



## UKMidSS Neonatal Admission Study

Following feedback at the Study Day, and to make sure everyone has the chance to finish data collection for the Severe Obesity Study, we have made a couple of small changes to our plans for the Neonatal Admission Study. It will now start on **1st March 2017** – you will receive your first report request email for this study on **1st April**. We will be sending out more information soon, but in the meantime, so you can start thinking about how you will identify cases for this study, here's a brief summary:

### Aim

This study aims to identify maternal characteristics and aspects of care during labour, birth and the immediate postnatal period which are associated with admission to neonatal care, stillbirth or early neonatal death, with a view to preventing avoidable neonatal morbidity in future.

**Study period** 1st March 2017 – 28th February 2018

### Case definition

Any woman who **gives birth in an Alongside Midwifery Unit (AMU)** and whose baby is:

- **Admitted to neonatal care** (neonatal intensive care, high dependency care or special care) within 48 hours of birth or before discharge home, whichever is sooner, for **AT LEAST four hours**,

### OR

- Stillborn or dies within 48 hours of birth without admission to neonatal care.

**EXCLUDE:** Any woman who gives birth in an AMU and whose baby is admitted to transitional care **ONLY** (i.e. on a dedicated transitional care ward or within a postnatal ward), or who is admitted to neonatal care for less than four hours. Any woman whose baby is confirmed to have died before the start of care in the AMU.

### Control selection

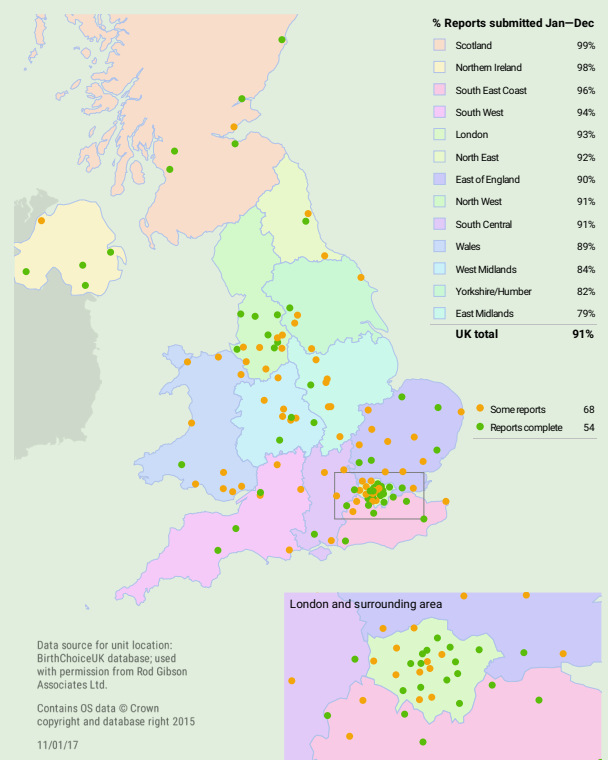
The two women who **gave birth in the AMU immediately before the case, who did not meet the case definition.**

## Severe Obesity Study

Almost all units are up to date with monthly reporting or have only one monthly report outstanding. Our regional leader board is headed by Scotland, closely followed by Northern Ireland and South East Coast.

Many units are also up to date with data entry on their cases and controls, but some still have some work to do. A small number have reported cases, but have not yet started data entry. So that we can start analysis and get the results back to you as quickly as possible it is essential that we have all data entered within the next three months.

Find your unit over the page to see how you're doing on reporting and data entry and do get in touch if you are having problems.



## Severe Obesity Study: how is your unit doing?

Abbey Birth Centre, St Peter's Hospital	■ ●	Midwife Led Birth Suite, Royal Bolton Hospital	■ ●
Acorn Suite, Bedford Hospital	■ ●	Midwife Led Birthing Unit, Peterborough City Hospital	■ ●
Airedale Birthing Centre, Airedale General Hospital	■ ●	Midwife led birthing unit, QEH, King's Lynn	■ ●
Alexandra Birth Centre, Watford General Hospital	■ ●	Midwife Led Unit, Glan Clwyd Hospital	■ ●
Alongside Maternity Unit, Aberdeen Maternity Hospital	■ ●	Midwife Led Unit, Hillingdon Hospital	■ ●
AMU Midwifery Suite, Ayrshire Maternity Unit	■ ●	Midwife Led Unit, Leighton Hospital	■ ●
Aylesbury Birth Centre, Stoke Mandeville Hospital	■ ●	Midwife Led Unit, Lister Hospital	■ ●
Barnet Birth Centre, Barnet Hospital	■ ●	Midwife Led Unit, Liverpool Women's Hospital	■ ●
Barratt Birth Centre, Northampton General Hospital	■ ●	Midwife Led Unit, Newham Hospital	■ ●
Birth Centre, Aspen Ward, Darent Valley Hospital	■ ●	Midwife Led Unit, Royal Hallamshire Hospital	■ ●
Birth Centre, Birmingham Women's Hospital	■ ●	Midwife Led Unit, Russells Hall Hospital	■ ●
Birth Centre, Croydon University Hospital	■ ●	Midwife Led Unit, Scarborough General Hospital	■ ●
Birth Centre, Epsom Hospital	■ ●	Midwife Led Unit, Singleton Hospital	■ ●
Birth Centre, North Middlesex Hospital	■ ●	Midwife Led Unit, Victoria Hospital	■ ●
Birth Centre, Northwick Park Hospital, Harrow	■ ●	Midwife Led Unit, Warrington Hospital	■ ●
Birth Centre, Queen Charlotte's and Chelsea Hospital	■ ●	Midwife Led Unit, Wrexham Maelor Hospital	■ ●
Birth Centre, St Helier Hospital, Carshalton	■ ●	Midwife Led Unit, Ysbyty Gwynedd	■ ●
Birth Centre, Wexham Park Hospital, Slough	■ ●	Midwifery Led Birth Unit, University Hospital of Wales	■ ●
Birth Centre, Whittington Hospital, Highgate	■ ●	Midwifery Led Birthing Unit, Luton & Dunstable Hospital	■ ●
Birth Centre, Wythenshawe Hospital	■ ●	Midwifery Led Unit, Altnagelvin Area Hospital	■ ●
Birth Unit, Gloucestershire Royal Hospital	■ ●	Midwifery Led Unit, Daisy Hill Hospital, Newry	■ ●
Birthing Centre, Simpson Centre for Reproductive Health	■ ●	Midwifery Led Unit, New Cross Hospital	■ ●
Birthing Unit, Broomfield Hospital	■ ●	Midwifery Led Unit, South West Acute Hospital	■ ●
Birthing Unit, Chelsea & Westminster Hospital	■ ●	Midwifery Led Unit, St Mary's Hospital, Manchester	■ ●
Birthing Unit, East Surrey Hospital, Redhill	■ ●	Midwifery Led Unit, St Michael's Hospital, Bristol	■ ●
Birthing Unit, Ninewells Hospital, Dundee	■ ●	Midwifery-led Birthing Unit, Norfolk & Norwich University Hospital	■ ●
Birthing Unit, Princess Alexandra Hospital, Harlow	■ ●	Midwifery-led Unit, Countess of Chester Hospital	■ ●
Birthing Unit, West Suffolk Hospital	■ ●	Midwifery-led Unit, Craigavon Area Hospital	■ ●
Bluebell Birth Centre, North Manchester General Hospital	■ ●	Midwifery-led Unit, Royal Gwent Hospital, Newport	■ ●
Bracken Birth Centre, Musgrove Park Hospital	■ ●	Mulberry Birth Centre, Frimley Park Hospital	■ ●
Bradford Birth Centre, Bradford Royal Infirmary	■ ●	Natural Birth Centre, West Middlesex University Hospital	■ ●
Broadlands Birth Centre, Princess Anne Hospital	■ ●	New Beginnings, Southend Hospital	■ ●
Bronglais MLU, Aberystwyth	■ ●	Newcastle Birthing Centre, Royal Victoria Infirmary	■ ●
Brook Birth Centre, Ipswich Hospital	■ ●	Northumbria Birthing Centre	■ ●
Burnley Birth Centre, Burnley General Hospital	■ ●	Oasis Birthing Centre, Princess Royal University Hospital	■ ●
Calderdale Birth Centre, Calderdale Royal Hospital	■ ●	Orchard Birth Centre, Leicester Royal Infirmary	■ ●
Carmen Suite, St George's Hospital, Tooting	■ ●	Oxford Spires Midwifery-led Unit, The John Radcliffe Hospital	■ ●
Chesterfield Birth Centre, Chesterfield Royal Hospital	■ ●	Preston Birth Centre, Royal Preston Hospital	■ ●
Chichester Birth Centre, St Richard's Hospital	■ ●	Primrose Midwifery-led Birthing Suite, Hinchingsbrooke Hospital	■ ●
Community Maternity Unit, Royal Alexandra Hospital	■ ●	Queen's Birth Centre, Queen's Hospital	■ ●
Derby Birth Centre, Royal Derby Hospital	■ ●	Rosie Birth Centre, The Rosie Hospital	■ ●
Dolphin Suite, James Paget University Hospital	■ ●	Rushey Birth Centre, Royal Berkshire Hospital	■ ●
Eden Suite, Wirral Women and Children's Hospital	■ ●	Sanctuary Birth Centre, Nottingham City	■ ●
EGA Birth Centre, University College Hospital	■ ●	Sanctuary Birth Centre, Nottingham QMC	■ ●
Exeter Low Risk Birth Unit, Royal Devon and Exeter	■ ●	Serenity Birth Centre, City Hospital, Birmingham	■ ●
Fylde Coast Birth Centre, Victoria Hospital	■ ●	Singleton Midwife-led Unit, William Harvey Hospital	■ ●
Glangwili MLU, Carmarthen	■ ●	St Mary's Birth Centre, Paddington	■ ●
Greenwich Birth Centre, Queen Elizabeth Hospital	■ ●	St Peter's Midwife Led Unit, Queen Elizabeth the Queen Mother Hospital	■ ●
Haven Birthing Suite, Poole Hospital	■ ●	Stockport Birth Centre, Stepping Hill Hospital, Stockport	■ ●
Heath Birth Centre, Royal Free Hospital	■ ●	Tair Afon Birth Centre, Prince Charles Hospital, Merthyr	■ ●
Home from Home Birth Centre, St Thomas' Hospital	■ ●	The Birth Place, Medway Maritime Hospital, Gillingham	■ ●
Home from Home MLU, Royal Surrey County Hospital	■ ●	Tirion Birth Centre, Royal Glamorgan Hospital, Llantrissant	■ ●
Home from Home Unit, Ulster Hospital, Belfast	■ ●	White Horse Birth Centre, The Great Western Hospital, Swindon	■ ●
Homerton Birth Centre, Homerton University Hospital	■ ●	Willow Suite, Basildon University Hospital	■ ●
Juno Suite, Colchester General Hospital	■ ●	Willow Suite, Birmingham Heartlands Hospital	■ ●
Lewisham Birth Centre, University Hospital	■ ●	Wrekin MLU, Princess Royal Hospital, Telford	■ ●
Lilac Birth Centre, Whipps Cross University Hospital	■ ●		
Lucina Birth Centre, University Hospital, Coventry	■ ●		
Malden Suite, Kingston Hospital	■ ●		
Marton Suite, James Cook University Hospital	■ ●		
Mary Rose Birth Centre, Queen Alexandra Hospital	■ ●		
Meadow Birth Centre, Worcestershire Royal Hospital	■ ●		
Meadows Birth Centre, Leicester General Hospital	■ ●		
Mendip Birth Suite, Southmead Hospital	■ ●		
Midwife Birth Centre, Royal Stoke University Hospital	■ ●		
Midwife Led Birth Centre, The Royal Oldham Hospital	■ ●		

### Monthly Reporting

Complete ■ 1-3 months outstanding ■  
>3 months outstanding ■

### Data Entry

Complete ● Making progress ● Not yet started ●

## Meet Tara Pauley: UKMidSS reporter and Midwife Champion!

Tara is a UKMidSS reporter for the Primrose Midwifery-led Unit at Hinchingsbrooke Hospital in Huntingdon. She is jointly employed by Hinchingsbrooke Healthcare NHS Trust and Clinical Research Network South Eastern as a Senior Research Midwife and a Reproductive Health & Childbirth (RH&C) Midwife Champion. In 2016 Tara received the Emerging Leader of the Year award from NHS Health Education in the East of England. After meeting her at the UKMidSS Study Day we were keen to find out more about her.



### Can you give a brief summary of your career to date – how did you get to where you are?

I graduated with a degree in Psychology in 2002 and went on to work for the Medical Research Council. Then in 2006, following a sudden unexpected death in my family, I trained as a midwife. I started as an integrated midwife, completed my mentorship course, and then did a diploma in complementary therapies for maternity care. For some time I had wanted to use my research skills in midwifery, so I wrote a business plan and submitted it to our Trust charities committees to help pump-prime and part-fund a research midwife role to enable delivery of a National Institute of Health Research (NIHR) portfolio study.

### What are the main duties/responsibilities of your job?

I oversee a range of trials within Hinchingsbrooke HCT for women's services. I set up and now run the @ResearchMWs <https://twitter.com/researchMWs> Twitter account to try and link midwives involved in research. In my regional role I share information about national trials occurring within RH&C and support that research. As a national group the RH&C national research champions (@RHCNRC <https://twitter.com/rhcnrc>) help promote research and share learning across the NIHR Clinical Research Networks.

### What do you enjoy most about your job? What do you like about being involved in UKMidSS?

Being able to offer women and babies the opportunity to take part in research they are eligible for (fulfilling the NHS Constitution) to enable better outcomes and improved practice. I love sharing the #whywedoresearch message! I think UKMidSS is a fabulous opportunity to add to the knowledge base about 'midwifery practice' and am thrilled that ALL alongside MLUs across the UK have signed up. I hope that it enables a platform for further research that informs and develops midwifery practice.

### What advice would you give to a midwife interested in getting more involved in research?

First complete Good Clinical Practice (GCP) training <https://learn.nihr.ac.uk/>, then look at which Clinical Research Network (CRN) <http://www.ukcrc.org/wp-content/uploads/2014/04/NIHR-Network-Maps-England-apr2014.jpg> you fall under and see what is happening in your region <http://www.nihr.ac.uk/nihr-in-your-area/local-clinical-research-networks.htm>. Each CRN has a midwife champion so get in touch to find out what is happening in your area! I'm also happy to be emailed for advice [tara.pauley@nihr.ac.uk](mailto:tara.pauley@nihr.ac.uk)

### What do you do in your spare time?

Tweet 😊, but mainly make memories and be a mummy to my two children and a loving wife to my fantastic husband, which following my diagnosis of breast cancer in Aug 2015 has been even more important to me.



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