

WINTER REFLECTIONS AND SPRINGING FORWARD

The festive season seems to have arrived and departed very quickly. 2018 was a busy and productive year for both the UKMidSS team in Oxford and for our reporters and 2019 looks to be an exciting year too! Reporting began for the Previous PPH Study in September 2018 and is progressing well. Check out your reporting status on the map and table on the next page.

UKMidSS Study Day 2018

In the UKMidSS office, our December activities were dominated by the successful Study Day held in Birmingham. The day was inspiring, informative and well attended by midwives, many of whom had travelled long distances. The Severe Obesity Study paper was published in PLOS ONE just days before the event, which injected the day with a relevance and purpose for the work done by UKMidSS reporters. Attendees heard Rachel present the study findings and received copies of the publication and the accompanying infographic. The publication, infographic, and presentations from the study day are on our website - www.npeu.ox.ac.uk/ukmidss.

We welcomed the new alongside midwifery unit teams from Truro, Sapphire Birth Suite in the Wirral and Active Birth Centre in Northern Ireland. This brings the number of participating centres to 126!



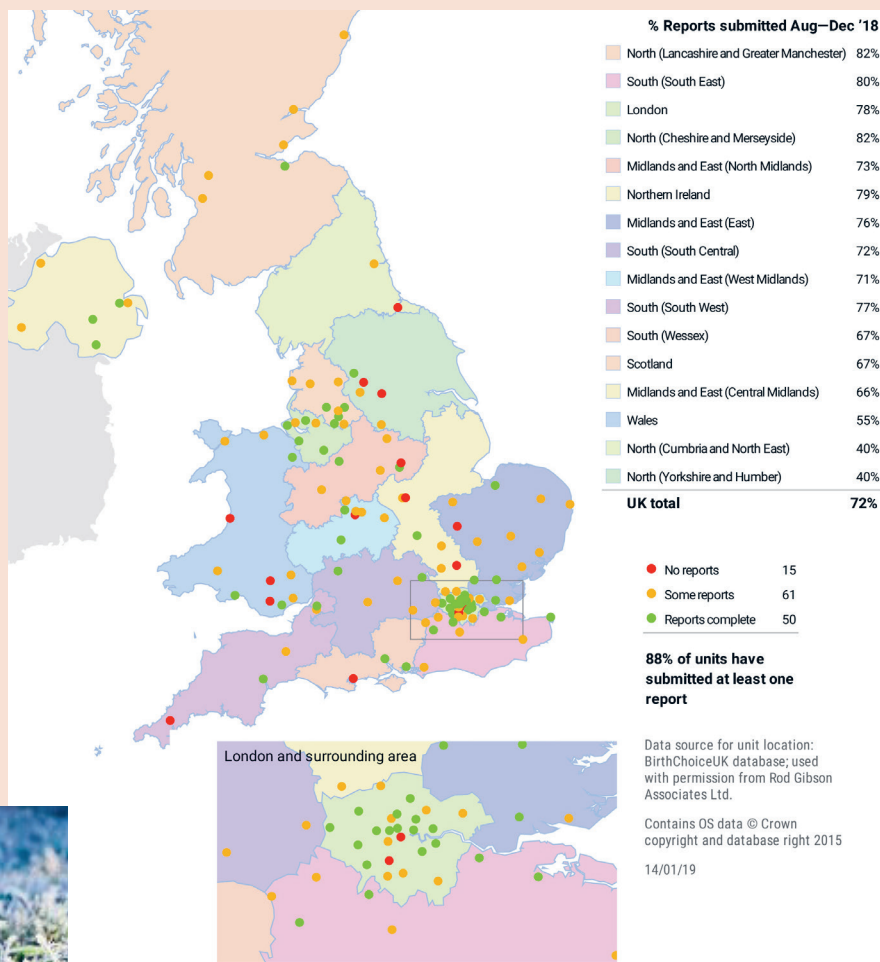
Do take a look at our photos of the day's events, taken by our roving Study Day photographer, and UKMidSS programmer, Richard Welsh.



UKMidSS for Previous PPH Study

Centres on the map showing as a red dot, or listed here are those which have not yet started reporting for the Previous PPH Study. If you are a red dot or are listed below, and have not been in touch with us at UKMidSS, please do pick up the phone or email to update us and find out if we can help you in any way.

Bronglais Midwife Led Unit
Bradford Birth Centre
Pinderfields Birth Centre
Primrose Midwifery Led Birthing Suite, Hinchingsbroke
Sanctuary Birth Centre, Nottingham City
The Birth Centre Birmingham Women's Hospital
The Carmen Suite, St George's Hospital
The Home from Home Birth Centre, St Thomas' Hospital
The Haven Birthing Suite, Poole Hospital
The Marton Suite James Cook University Hospital
The Midwife Led Unit, Lister Hospital
Tair Afon Birth Centre, Merthyr
Tirion Birth Centre, Glamorgan
Truro Birth Centre



Have you ever wished you could report cases and enter data as you go along rather than waiting until the next month?

Following some requests for this facility to be enabled, our programmers are exploring whether we can adapt our administrative systems to make this possible. Please can you let us know on ukmidss@npeu.ox.ac.uk if you would find this beneficial to your UKMidSS system of work so we can gauge demand.

The UKMidSS Biscuit Awards

We are always looking to positively acknowledge the time and effort that all UKMidSS reporters contribute to our studies. This month we acknowledge two centres who have steadfastly, regularly and reliably submitted their reports and entered data for our studies. These worthy biscuit recipients have worked as solo reporters on more than one UKMidSS study and are **Gill Perks at Queens Birth Centre, Romford**, and **Bobby Williams at Barratt Birth Centre, Northampton**.



Some sweet treats will be with you both very soon!

Study Day Feedback from the Dragons' Den

At our recent Study Day we asked attending reporters to be fiery "Dragons" and honestly appraise the UKMidSS team and systems. They were very gentle and lovely Dragons really, but the constructive comments for change are all currently being considered by the "Den Entrepreneurs", aka the UKMidSS team in Oxford. We are working to implement some of your suggestions soon.



What are UKMidSS doing well?				
<p>Influencing midwifery practice through large credible national published studies about highly topical issues which cannot be ignored. Ahead of NICE, and leading the way. Motivational.</p>	<p>Communications and support. Centres like 'lots of emails', someone to ask, quick responses, trouble shooting, infographics for women and midwives, newsletters, monthly prompts, user friendly system.</p>	<p>Ownership and involvement with the research through participation and good dissemination. Inclusivity of all, not hierarchical. Invited to study day. Northern Ireland is often ignored, and pleased to be involved. Pleased that FMU's will soon be involved</p>		
What are UKMidSS doing less well?				
<p>The challenge for units to identify cases for the current study (mostly a local issue rather than UKMidSS) Large numbers of cases at some centres as blood loss of 500mls is 'normal'.</p>	<p>Teleconference support at start of each new study would be beneficial. A pilot phase for new studies would be helpful.</p>	<p>Screening for previous PPH cases and control was confusing at start of study. Screening capabilities of midwives vary. Criteria for cases needs to be simple. Would like better guidelines for controls.</p>	<p>UKMidSS to push the boundaries of future studies</p>	<p>Time commitment. Note retrieval takes a lot of time at some centres.</p>
Top Tips for identifying cases				
<p>Spreading the word! Posters with UKMidSS information on toilet doors!</p>	<p>Mandatory training days. Use a teaching slot to encourage involvement/engagement in UKMidSS studies and learn about the published work. Use the obesity study results to showcase what has been achieved so far.</p>	<p>Befriend key staff such as the maternity data manager if you have one! Sharing these top tips! Sharing UKMidSS commitment with HOM's DOM's and senior midwifery teams. Sharing good practice and communication with colleagues.</p>	<p>Local documentation adaptations. Extra column added to admission book. A local template created for midwives to use to avoid 'calling back' notes. Women don't always know they have had a PPH as 500mls is considered 'normal' for some women. Check previous discharge summary or Badger data to identify cases earlier.</p>	
What might UKMidSS do differently?				
<p>Report and data entry 'as you go along'. Live reporting when a case is identified so not trying to pull many notes retrospectively.</p>	<p>What does obstetric led care mean on an MLU? Clarity from UKMidSS on forms needed for those women who have an antenatal obstetric care pathway with an AMU delivery care plan. Re-phrase question on data collection forms to 'have you consulted obstetrician during labour care?'</p>	<p>Mid study evaluation. A questionnaire to reporters to evaluate and address challenges and queries arising.</p>	<p>More networking and Study Days. Closer monitoring and quality checks.</p>	

UKMidSS Study Day in Action



A Stakeholder Engagement Opportunity

Dr Lucia Rocca-Ihenacho spoke at the recent UKMidSS Study Day. She is looking for feedback on results of her NICE Birthplace Action project.

When? 27th March 2019 **What time?** 10.00 - 13.00

Where? University of London, University building, Room BG03, Northampton Square, EC1V 0HB

The event is free of charge and refreshments and lunch will be provided.

To book a space for the event use the following link:

<https://www.eventbrite.co.uk/o/nice-birthplace-action-team-18494031311>

For more info, email the research team on: birthplace.action@city.ac.uk

Useful to meet the team and share the day with so many other people who run birth centres too, and to talk to them about their guidelines etc

Interesting informative day which will impact on practice and aid dissemination of the studies findings

Excellent feedback on the findings for the UKMidSS focus of overweight/obese women and great to have copies of the paper on this available to us on the day.

Refreshments were excellent!

Super to have the opportunity to suggest future topics for UKMidSS research - for me, this session could have been longer with discussion to gauge the level of interest for particular elements for further research.

Some Study Day 2018 Feedback

Fantastic day for networking and ideas sharing with midwives around the country. Thank you!

The feedback from previous BMI study was really interesting and something which I will disseminate further at my Trust.

UKMidSS 2019 and Beyond

The Study Day session on 'intergalactic' thinking for future UKMidSS studies resulted in lots of innovative ideas from enthusiastic reporters. We will work to develop some of these into funding applications.

The next planned study will investigate management and outcomes of PPH occurring in midwifery units. Likely to start in Autumn 2019, the study will include freestanding units, an exciting new development indeed.

In the meantime, we are very aware of the challenges that some units have encountered with the Previous PPH study, in particular the high numbers of cases in some units. The UKMidSS team and Steering Group are monitoring progress and it is possible that the study will end sooner than planned. Therefore please keep up to date with your reporting and data entry as much as possible.

And finally...

It is REALLY important to let us know at UKMidSS if you are leaving your midwifery post or role, leaving your Trust, going on maternity leave or not going to be a reporter any more. Help us to keep our records in order by updating us on staff changes, HOM changes, so we are always in touch with the right people.



The Birth Centre Admissions Criteria Project

Thank you to those who have already responded. However we are exacting and demanding individuals here at UKMidSS, such is the nature of researchers, and we are still missing information from some of you.

If you hear from us by email about this project, or a survey completion reminder appears in your inbox, please do respond to it, and then we can leave you in peace... for now.



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