

# You & your Baby

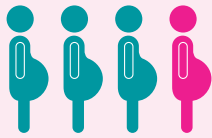
A national survey of health and care



## KEY FINDINGS 2018

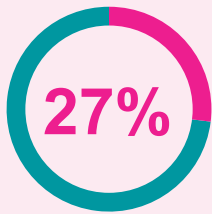
from 4,509 women

### Pregnancy



**3 in 4** women said their pregnancies were planned

**87%** of women had booking appointments in the first 12 weeks



**27%** of women said they had experienced a health problem that was related to their pregnancy



**1 in 10** women had a long-term health problem which complicated their pregnancy

### Labour & birth



**3%** of women gave birth at home



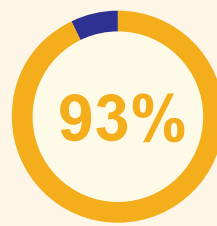
**8%** of babies were pre-term (less than 37 weeks)  
**7%** of babies had a low birth weight (less than 2,500 grams)

**27%** of births were caesarean sections

**12%** of babies were admitted to neonatal intensive care unit

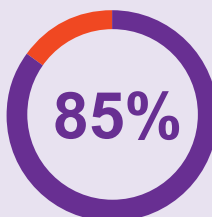


**1 in 4** women said labour and birth were worse than they expected



**93%** of mothers with full-term babies (more than 37 weeks) had **skin-to-skin** contact within the first hour

### Infant feeding



**85%** of women had started breastfeeding



**45%** of women breastfed their baby for six months or longer

**30%** of women wanted more help with breastfeeding



**54%** of women introduced solid food to their baby before they were six months of age



**82%** of women had given formula milk to their baby by six months

# You & your Baby

A national survey of health and care



## KEY FINDINGS

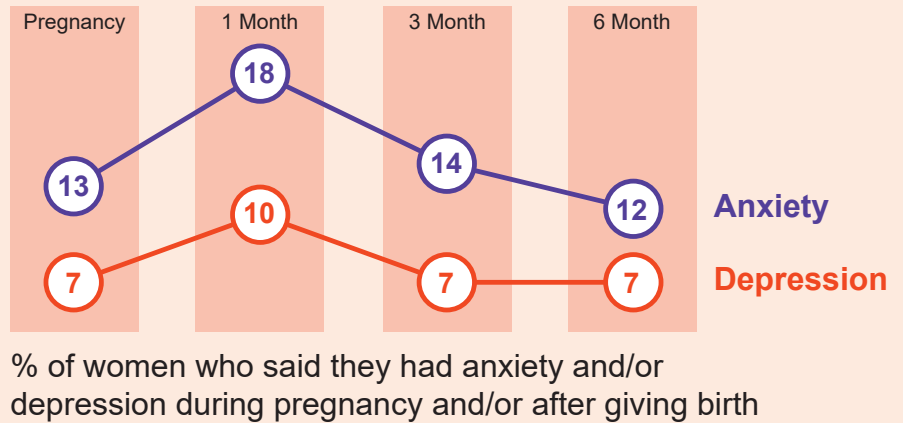
from 4,509 women

### Maternal health



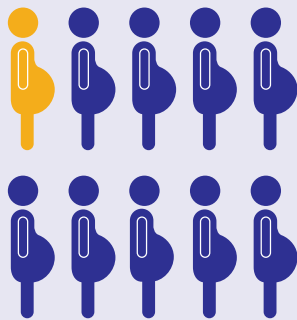
**78%** of women were asked about their mental health at their pregnancy booking appointment

**91%** of women had a postnatal check-up of their own health with their GP



**1 in 5** women did not recall being asked about their mental health in the first six to nine months after giving birth

### Smoking & vaping



**1 in 10** women said they smoked tobacco during pregnancy

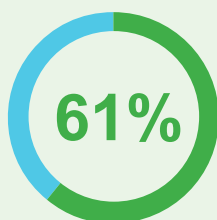


**4%** of women used an e-cigarette or vaped during pregnancy



**18%** of women lived with someone who smoked during their pregnancy

### Return to work



of women were on paid or unpaid maternity leave for at least six months

**56%** of spouses/partners had taken parental leave



**9%** of women were in paid work six to nine months after they'd given birth



**1 in 2** women planned to use grandparents for childcare