


RESEARCH PRIORITIES IN DIABETES AND PREGNANCY

1

How can **diabetes technology** be used to improve pregnancy, birth, and mother and child health outcomes?



1

What is the **best test** to diagnose diabetes in pregnant women?



3

What is the best way to manage blood sugar levels using **diet and lifestyle** during pregnancy?



4

What are the **emotional and mental wellbeing needs** of women with diabetes before, during, and after pregnancy, and how can they best be supported?



5

When is it safe for pregnant women with diabetes to give **birth at full term** compared with early delivery via induction or elective caesarean?



6

What are the specific **postnatal care and support needs** of women with diabetes and their infants?



7

What is the best way to test for and treat **diabetes in late pregnancy** i.e. after 34 weeks?



8

What is best way to reduce the risk or prevent **women with gestational diabetes developing other types of diabetes** any time after pregnancy?




9

What are the **labour and birth experiences** of women with diabetes, and how can their choices and shared decision making be enhanced?



10

How can care and services be improved for women with diabetes who are **planning pregnancy**?



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Priorities for research about the time before, during and after pregnancy with any type of diabetes, generated and agreed by women and their families with experience of pregnancy and planning pregnancy with different types of diabetes, and healthcare professionals. Identified through the established James Lind Alliance prioritisation process.

For further details visit: www.npeu.ox.ac.uk/jla-psp

